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Brief: MANDO

Second Mandometer clinic

A SECOND Australian clinic offering and unconventional treatment for eating disorders has opened in Mornington, Victoria.

The Mandometer method, which is associated with the Karolinska Institute in Sweden, teaches that eating disorders are not forms of mental illness, but that depression

and anxiety are the result of starvation and disordered eating.

Trials have shown that 75% of patients experienced a full recovery with Mandometer's methods, the institute claims, which involved an interactive computer system that helps retrain patients to eat normally.